



21st DECEMBER
06:00 PM TO 09:30 PM



http://jothydev.net/jpef/centreofexcellence.htm



## Dear Friends,

It is our pleasure to invite you for the much awaited iSchool-The Insulin Training Workshop. Unfortunately, due to the current pandemic, we are forced to switch to the virtual mode. The last 9 months have proven digital learning to be much more efficient and user friendly. We the team at Jothydev's will try our level best to make this event a unique learning experience useful during Covid crisis and beyond.

## **PROGRAMMES**

OVERVIEW OF DIABETES MANAGEMENT AND INSULIN THERAPY Dr.Jothydev Kesavadev
INSULIN REGIMENS, TYPES, BENEFITS AND CHALLENGES Dr.Arun Shankar
INSULIN INITIATION, TITRATION AND INTENSIFICATION Dr.Jothydev Kesavadev, Ms.Gopika Krishnan
BASICS OF NUTRITION IN DIABETES  Ms.Geethu Sanal
DISCUSSION
INSULIN THERAPY WITH ORAL ANTI-DIABETIC DRUGS Dr.Ashwin David Ashok
INSULIN STORAGE, INJECTION TECHNIQUES, DOS AND DON'TS Ms.Akhila Manoj
NEWER TECHNOLOGIES FOR INSULIN DELIVERY Dr.Jothydev Kesavadev
HANDS ON TRAINING- INSULIN DELIVERY DEVICES AND A VIRTUAL TOUR OF JDC JDC Team
CASE STUDIES AND DISCUSSION Dr.Jothydev Kesavadev, Dr.Arun Shankar, Dr.Ashwin David Ashok, Dr.Sajna Shijin, Dr.Yaseen Unes
DISCUSSION







